



PARENT SUPPORT GROUP

FOR PARENTS OF CHILDREN AGES 5-12

~4 WEEK LUNCH SERIES~

**Meets on Zoom for
4 Fridays, 12:00-12:50**
10/25, 11/1, 11/8, 11/15

\$200 for entire series

Learn How to:

- ✓ Recognize anxiety vs bad behavior
- ✓ Help your child manage big emotions, tantrums and outbursts
- ✓ Support your child in decreasing their worry and anxiety symptoms

Sign up by contacting Lauren Wolfe
at Firefly Counseling and Wellness
ph: 203-837-6270
email: lauren@laurencounseling.com



Sign up now
for these
weekly
Zoom
support
sessions